



HEALTHY AGING
MEDICAL CENTER VIENNA

HERMYRO

Ayurvedic mixture of myrobalans for
harmonization of the female body.

Myro-Femin is a phyto-preparation and contains the plant substances monk's pepper, Tibetan mint and cinnamon in combination with an Ayurvedic triphala plant mixture composed of three Haritaki Myrobalane fruits-(Terminalia chebula), Bibhitaki (Terminalia bellirica) and Amalaki (Emblica officinalis).

HermYRO contains the Indo-Asian medicinal plants: Terminalia chebula, Terminalia bellirica and Phyllanthus emblica in a ratio of 1: 1: 1. This mixture is in the Tibetan and Ayurvedic medicine a basic formula for women. The fruits of the myrobalans are an elixir of life and rejuvenation.

This phytopreparation has nitric oxide (NO) scavenger, antimicrobial, cardioprotective, neuroprotective and anti-inflammatory properties.

Terminalia chebula is known in Tibet as the „King of Medicine“ and is one of the most important Ayurvedic medicines due to its extraordinary healing powers Herbs from India.

Bibhitaki, also known as Terminalia bellirica in Ayurvedic medicine, has the name of fearless warrior - it should make the body fearless and strong against diseases. In the traditional Ayurvedic medicine, Terminalia bellirica is used in combination with Terminalia chebula as a „health and soul harmonizer“.

Terminalia chebula has anthraquinones, tannins, chebulic acid, phytosterols, Resins and various fatty oils. It is traditionally used to improve peripheral blood flow. Furthermore, the fruit will also be antibacterial and attributed to anti-inflammatory properties.

It's a powerful antioxidant.



Terminalia bellirica is rich in tannins and anthraquinones. It supports the strengthening of the immune system. Terminalia bellerica is also used for liver protection and detoxification such as an support against respiratory diseases.

It helps in the effective treatment of obesity and helps with weight loss.

Phyllantus emblica is rich in vitamin C. The fruits have been shown to have innumerable medicinal benefits and an anti-aging effect and builds up lost vitality.

A rich source of extract Vitamin C plays an important role in scavenging free radicals. The effect of vitamin C on platelet aggregation in healthy Patients and patients with coronary artery disease has been identified.

Consumption recommendation:

consume 2-3 capsules daily with plenty of liquid.

The specified recommended daily intake should not be exceeded.